



Local wisdom²



Community Coaching with Inspiring Communities

What you need to know

About Community Coaching

Community-led development (CLD) is hard and often messy. There are no rulebooks or recipes to follow.

Community Coaching with an Inspiring Communities team member aims to give you the space to reflect on and unpack your community-led practice. It's a support process to help you reflect on and understand what's working and what's not and to figure out why and what you might do next.

We understand that each community-led context is different. You set the agenda for what you'd like to work on over 4, one hour sessions during the year, with the focus and pace determined by you.

We will match you with an experienced Inspiring Communities Community Coach who will:



- *Help you apply and reflect on CLD principles in your work*
- *Support your focus on the CLD skills and practices you'd most like to work on*
- *Link you to helpful tools and resources to enhance your practice*
- *Offer ideas and tactics around the 'tricky' stuff*
- *Enable you to reflect on changes, impacts and learning in real time*

If you have a preference for a specific Inspiring Coach from our team you'd like to work with (see our [community coaching page](#)), please let us know and we'll do our best to match you up.

Coaching Format and Cost

Frequency

A total of four sessions: we recommend two to three per month. Additional or tailored coaching packages can be negotiated on request.

Duration

One hour.

Location

Online (e.g. Skype) or by phone, at a time that suits you.

Cost for 4 Sessions

NGOs pay \$590 plus GST.

Local and central government/businesses/funders pay \$890 plus GST.

Invoicing

For a 4 Session Package, you'll be invoiced for the first two sessions at the start of the coaching. The final two will be invoiced on completion.

For Tailored Coaching Packages, invoicing arrangements will be negotiated with you.

Getting Started

Register your interest in Community Coaching on our website [here](#).

Once your registration is received, your Inspiring Communities Coach will contact you to talk through the coaching process and answer any questions you may have.



You'll be sent:

- *A coaching agreement so that expectations of both parties are clear*
- *An 'About Me' page that asks you to share a bit more about your CLD context and goals and the practice, skills and approaches you're keen to focus on in your coaching sessions*

Your **first coaching session** will be 75 mins long. We take an extra 15 minutes up front to help build rapport and discuss your coaching goals.

The **last session** will also include some extra time to debrief on your coaching experience and to discuss any next steps/tasks.

ABOUT



Inspiring Communities catalyses locally-led change, to achieve sustainable, effective outcomes.

We are the reference point for community-led development in New Zealand, building on international and local practice-based evidence to grow and share expertise.

Inspiring Communities operates across many sectors at multiple levels.



RESOURCES

Harakeke / Flax - from the root to the flower the harakeke shares its properties.



ADVICE

Korimako / Bell Bird - fluent, graceful speaker.



EVENTS

Whakaatu / Presenting - the peak of the mountain as a stage to present from

[Find out more](#)

Talk to us about your CLD training, workshop needs, coaching, support and opportunities in your community or region. We understand diversity! We can tailor packages to your specific requirements.

Email us exchange@inspiringcommunities.org.nz

