



Community Coaching

What you need to know

Community-led development (CLD) is hard and often messy. There are no rulebooks or recipes to follow. Community Coaching gives you the space to reflect on your CLD practice, understand what's working and figure out next steps. It's a support process to help you reflect on and understand what's working and what's not. To figure out the reasons why, and what you might do next.

We understand that each community-led context is different. This is why for our Community Coaching, you set the agenda for what you'd like to work on over 4 one-hour sessions, and when. The timing of sessions is up to you, be a short burst of support, or a regular check-in every couple of months for you and the project or CLD initiative you're working on.

Based on your individual needs and questions, we will match you with an experienced Inspiring Communities Community Coach who will:

- Help you apply, reflect and focus on the CLD principles you'd like to use in your work
- Link you to helpful tools and resources to enhance your practice and approach
- Offer ideas and tactics around the 'tricky' stuff you may be facing
- Enable you to reflect on changes, impacts and learning in real time

Coaching Format and Cost

Frequency: 1- 3 monthly (recommended), for a total of 4 sessions.

Additional sessions and/or tailored coaching packages can also be negotiated on request.

Duration: 1 hour, with a longer first session to help work through and better understand your coaching goals and needs.

Location: Online (e.g. Zoom or Skype) or by phone, at a time that suits you.

Cost for 4 Sessions:

Special Covid-19 Recovery Rate for NGOs: \$299+GST, invoiced at the start of your coaching (regular rate \$775 +GST).

Getting Started

Please complete the Community Coaching registration form on our website:

<https://inspiringcommunities.org.nz/training/coaching/>

Once your registration is received, we will contact you directly to match you with the right Coach to support your CLD mahi. You will set up a coaching agreement with your Inspiring Communities Coach, including session times to suit your schedule and requirements.

ABOUT



Inspiring Communities catalyses locally-led change, to achieve sustainable, effective outcomes.

We are the reference point for community-led development in New Zealand, building on international and local practice-based evidence to grow and share expertise.

